

	Enneagram Styles and Characteristics								
	Type 1	Type 2	Type 3	Type 4	Type 5	Type 6	Type 7	Type 8	Type 9
STRENGTH	Serenity	Humility	Truthfulness	Equanimity	Nonattachment	Courage	Sobriety	Simplicity	Diligence
CHALLENGE	Anger	Pride	Vanity	Envy	Stinginess	Fear	Over-Indulgence	Arrogance	Indolence
AVOIDANCE	Imperfection	My Needs	Failure	Ordinariness	Emptiness	Deviance	Pain	Weakness	Conflict
TRAP	Perfection	Service	Efficiency	Authenticity	Knowledge	Security	Idealism	Justice	Self-Abasement
TRANSFORM- ATIONAL IDEA	Growth	Freedom	Compassion	Mystical Union	Guidance of Nature	All-embracing Trust	Co-Creation	Truth	Unconditional Love
OBJECT OF ATTENTION	Error	Others Needs	Tasks and Goals	Missing Elements of Happiness	Detaching to Observe	Worst Case Thinking	Best Case Thinking	Moving in to Take Control	Others Agenda
CHIEF FEATURE	Resentment	Manipulation	Over-Compensation	Melancholia	Withdrawal	Paranoia	Planning	Vengeance	Sloth
IDEALIZATION	I am Righteous	I am Helpful	I am Successful	I am Elite	I Know	I am Loyal	I am Okay	I am Competent	I am Comfortable
TALKING STYLE	Preaching	Giving Advice	Propaganda	Lamentation	Treatise	Setting Limits	Stories	Laying Trips	Saga
DEFENSE MECHANISM	Reaction Formation	Repression	Identification	Introjection	Isolation	Projection	Rationalization	Denial	Self-Narcotization
DICHOTOMY	Rigid/ Sensitive	Militant/ Libertine	Overactive/ Fantasy	Analytic/ Disoriented	Social/ Antisocial	Pushy/ Surrender	Inferior/ Superior	Puritan/ Hedonist	Believer/ Doubter
ESSENCE	Purity	Altruism	Love	Joy	Peace	Pure Intelligence	Absorption	Cosmic Power	Awareness

