

Transforming Suffering Series

Soul & Science

Goals

- Increase care provider awareness of emotional/spiritual pain
- Develop healthy best practices to decrease the negative effects of spiritual/emotional pain in all dimensions (meaning, forgiveness, relatedness, hope)
- Improve the emotional well-being care providers
- Improve the emotional well-being of patients
- Promote peer-supported tools that foster self-care
- Encourage a healthcare environment which is open to discussing and addressing the difficult realities of spiritual/emotional pain in both care providers and care receivers

Target Audience

Physicians, Nurses, Social Workers, Hospice Care Workers, Mental Health Care Workers, Health Care Administrators, Policy/Planning Administrators, Chaplains

Educational Objectives

After completing in this coursework, participants will be able to:

- Self-assess for all dimensions of spiritual/emotional pain (meaning, forgiveness, relatedness, hope). (knowledge, competence)
- Teach patients how to complete self-assessment for spiritual/emotional pain. (knowledge, competence, performance, patient outcome)
- Incorporate the Spiritual Health Assessment in patient care. (knowledge, competence, performance)
- Identify the symptoms and consequences of spiritual/emotional suffering. (knowledge)
- Employ a range of communication tools, such as The Patient Dignity Question, to improve patient needs assessment (knowledge, competence, performance, patient outcome)
- Describe the importance of meaning in patient wellness (knowledge)
- Describe the healing properties of gratitude and forgiveness (knowledge)
- Discuss the importance of relatedness and attachment relationships with patients and peers (knowledge, competence)
- Identify the impact of a hopelessness in patient emotional and physical health (knowledge)
- Share and demonstrate specific best practices that optimize spiritual/emotional health according to patient needs (knowledge, competence, performance, patient outcomes)
- Incorporate best practices to optimize personal spiritual/emotional health (knowledge, competence)

Original Release Date: August 15th, 2017

Renewal Date: TBD

Expiration Date: TBD

Estimated Time to Complete: 5.5 hours

Method of Participation: Video, Submit-able Forms, Group Participation

Accreditation/Credit Designation

California Board of Registered Nursing designates this enduring material for 5.0 CE credit.

National Board of Social Workers (in progress)

Oregon Board of Social Workers (in progress)

The Accreditation Council for Continuing Medical Education (in progress)

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Hardware/Software Requirement:

All instructional materials are available as streaming media and website content. No downloads or client-side plug-in or application is required. Lessons may be viewed on multiple hardware devices, include Windows and Macintosh desktops, tablets, and portable devices.

Supported Browsers:

Internet Explorer 7 & above (not 6), Firefox, Safari, Opera, Chrome

Other Requirements:

Internet Connection, Vimeo Accessibility

If you are having problems with video streaming:

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- Close extra browser tabs or other applications that may be using up your bandwidth.
- Make sure you're using the latest version of your browser.

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